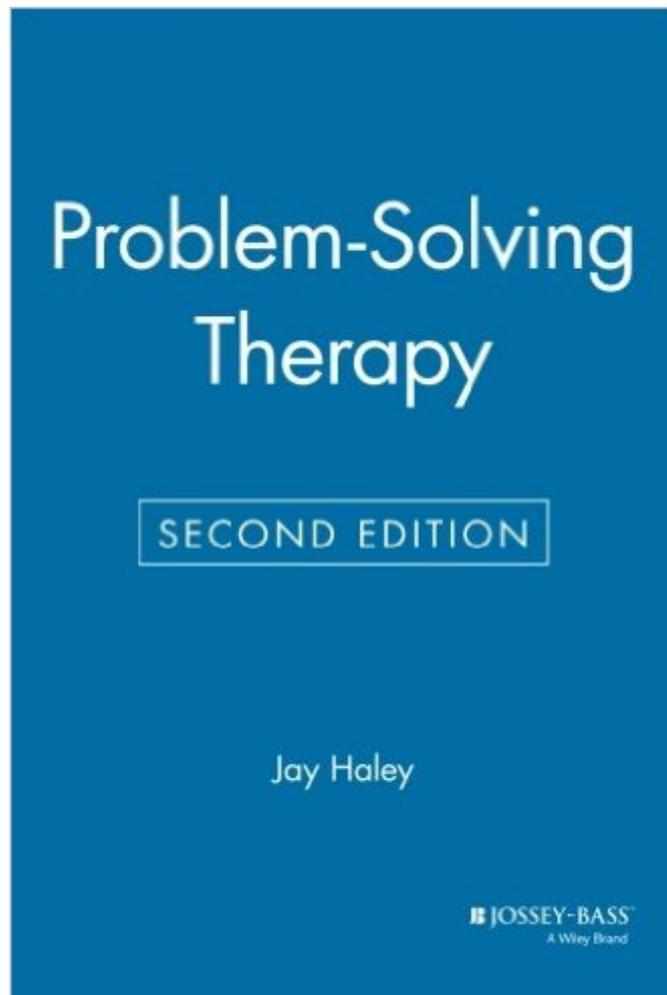


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# Problem-Solving Therapy, Second Edition



## Synopsis

A classic that teaches you how to think in a contextually sensitive, directive, and goal-focused way. A highly readable and practical volume that focuses on solving problems within the context of the entire social unit--the family, the school, the community.

## Book Information

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Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (16 customer reviews)

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## Customer Reviews

This book was developed as Haley was preparing new students to conduct family therapy. It provides the best road map to initiate the first session. I use this book to train new family therapists and people from the community with no degrees. Excellent.

Jay Haley has done a good job in giving a step-by-step account of how to do effective problem-solving therapy. He highlighted and demonstrated how to gather information and set goals for the client and/or family that are involved in counseling. He stated the importance of knowing those involved in therapy and to correctly identify the situational problem. To know how to formulate and structure questions correctly is essential. Giving clear and precise directives to the client(s) and others is vital to successful therapy. Knowing the situational sequence history and hierarchy of those involved gives to understanding and instituting change in the client(s). These are all important areas to understand and develop in order to practice problem-solving therapy effectively.

This book is brief. It is written in Jay's usual style with wry humor, clearly written, no wasted words

and a focus on the importance of working with families as the most efficient approach to solving an individual family members problem. This was written when family therapy was a high art. It will be challenging to many who have been trained in recent years and don't have a family orientation. The book uses examples of work with families as well as a section on training therapists. While it is dated in some ways, it well worth your time and will be helpful in your practice or class room.

I was wowed by Haley's directive approach to family therapy. This book provided me with some new ideas and very clear directions for implementing Haley's strategies. However, I think you have to be a real artist to be effective with the latter.

This is a classic book for strategic therapists. Great blend of technical and practical teachings with plenty of case studies. I highly recommend to other therapists, especially those looking to use a more directive and strategic approach with clients.

Excellent !!! Grab it and use for your practice whether starting or as a refresher ...

i very much enjoyed reading this book. compared to other bookstores, this book is reasonably priced. this book highly met my expectations. it's an easy read with a lot of knowledge for someone going to school for family therapy

This book is an oldie but goodie. It is one of the most useful books to be found in a field that is notorious for producing useless high concepts. You don't walk away from this book. You keep it in your briefcase. Easy to read, easy to use. Very nice.

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